

CLAIMS

What is claimed is:

1. A topical preparation of a skin lightening composition,
5 suitable for direct application to the face and body of a
user, for lightening the natural skin color of the user and
for treating disorders of hyperpigmentation, comprising:

meth yl sulfonyl methane, a naturally occurring sulfur
10 compound which lightens the skin; and

a vehicle; and

wherein the methyl sulfonyl methane is dissolved within
15 the vehicle at an amount equal to approximately 1 to 20
weight percent methyl sulfonyl methane relative to the weight
of the entire skin lightening composition.

2. The topical preparation of a skin lightening composition
20 as recited in claim 1, wherein the vehicle is a liquid
solution.

3. The topical preparation of a skin lightening composition
as recited in claim 2, further comprising a perfume.

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4. The topical preparation of a skin lightening composition
as recited in claim 3, further comprising a nutrient chosen

from a class of nutrients consisting of vitamins and minerals.

5 5. The topical preparation of a skin lightening composition
as recited in claim 1, wherein the vehicle is a cosmetic
carrier chosen from a class of cosmetic carriers consisting
of creams, lotions, and gels, wherein the methyl sulfonyl
methane is blended within said cosmetic carrier at an amount
equal to approximately 1 to 20 weight percent methyl sulfonyl
10 methane relative to the weight of the entire skin lightening
composition.

15 6. The topical preparation of a skin lightening composition
as recited in claim 5, further comprising a perfume.

7. The topical preparation of a skin lightening composition
as recited in claim 6, further comprising a nutrient chosen
from a class of nutrients consisting of vitamins and
minerals.

20 8. An orally ingestible preparation of a skin lightening
composition, comprising:

approximately 200 mg to 5000 mg methyl sulfonyl methane
25 per serving; and

an edible form chosen from a class of edible forms
consisting of tablets, pills, capsules, and powders; and

wherein the methyl sulfonyl methane is contained within
5 the edible form.

9. The orally ingestible preparation of a skin whitening
formula as recited in claim 8, further comprising at least
one nutrient chosen from a class of nutrients consisting of
10 vitamins, minerals, antioxidants, proteins, and amino acids,
and wherein said at least one nutrient is contained within
the edible form.

10. A method for lightening the natural skin color of a user
15 and for treating disorders of hyperpigmentation, utilizing a
topical preparation of a skin lightening composition
comprising methyl sulfonyl methane and a vehicle, wherein the
methyl sulfonyl methane is dissolved within the vehicle at an
amount equal to approximately 1 to 20 weight percent methyl
20 sulfonyl methane relative to the weight of the entire skin
lightening composition, said method comprising the step of
directly applying the skin lightening composition to the face
and body of a user, and thereby lightening the skin of the
face and the body.

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